

# City View is our completely renovated, 4000 square foot dementia community in Southeast Charlotte

# **About City View**

Despite failing bodies and minds, people with dementia still need a home that is safe and comfortable. At City View, we feature homecooked meals, outdoor garden areas, and relaxing living areas. Most importantly, our residence includes essential safety amenities such as an alarm system, grab bars, safety pull cords, and an open floor plan to make this home easy to navigate.

We are committed to providing a special environment that breaks the isolating and sometimes dehumanizing mold of caring for people with dementia. We have designed a residential community

for a maximum of six individuals that will not only meet the specialized medical, physical and cognitive needs of this challenged population, but will nourish and enhance social connections, dignity and honor individual preferences. Each resident enjoys either a private or shared room with an adjoining bath. Common living areas include an open kitchen, sunny dining room and comfortable living room. All meals are made onsite with attention to our resident's likes and special dietary needs.

Our goal is to make Unlimited Possibilities at City View the new paradigm for caring for persons with dementia... with sensitivity, expertise, and tenderness.



## **Specialized Activities**

We know that people with dementia can still derive enjoyment from activities they have always enjoyed, which is why we are committed to activities that enhance selfesteem, bring joy and meaning into their lives, and build on each resident's personal interests and ability level. We work with experts to ensure that all our activities are gentle on mind and body, such as art projects, visits by therapy pets, and outdoor activities in our secure garden area.



A better choice for older adults with Alzheimer's or other forms of dementia... the best in specialized care offered in a modern, secure, and comfortable home.





7245 City View Drive Charlotte, NC 28212 704.249.7718 www.upfch.com

## **OUR MISSION**

We at Unlimited Possibilities at City View are passionate about providing high quality care for people with dementia. Our small home environment offers warmth and a lifestyle that is more comforting than larger settings. At City View, we are committed to addressing the specialized medical, physical and cognitive needs of adults with dementia in ways that enhance social connections, promote dignity, and honor individual preferences. At City View, we focus on the "Four S's" of dementia-care:

- Safety: Our secure City View home features every available safety feature to ensure that our residents are secure and protected, such as an alarm system and grab bars.
- Stability: People with dementia benefit from a sense of stability, which is why establishing a regular routine for bathing, eating, sleeping, and other activities is so important.
- Staff: Our caregivers are committed and caring professionals who are trained to deliver the specialized care that seniors with dementia require.

 Services: in addition to personal care, we engage our residents in activities that are appropriate for their level of dementia.

#### **OUR CARING STAFF**

Unlimited Possibilities at City View is proud to develop a new treatment paradigm for persons with Alzheimer's disease and related dementias. In keeping with this goal, we work with Dr. Kevin Mikus, a Charlotte-based, board-certified family practitioner, as well as with other experts in the field of dementia. Most importantly, we welcome input from family members and personal physicians so we can tailor our care regimes to the needs of each resident.

Our professional staff is compassionate and committed to the well-being of our residents. However, we fully understand that caring for people with dementia is challenging, which is why our staff is supported through ongoing training that achieves the following goals:

- Provides insights into Alzheimer's disease and related dementias
- · Teaches creativity and skills in approaches to care
- Is based on the Alzheimer's Disease Bill of Rights

### **OUR SERVICES**

We understand that people with dementia face special challenges with personal care and routine daily tasks. At Unlimited Possibilities at City View, we provide a full range of services to meet their needs. We take creative approaches to care and service that are:

- Sensitive to personal preferences, habits and routines
- · Respectful of each individual
- Support independence by utilizing retained skills
- Structured, yet flexible, to meet changing skill/ cognitive levels





Proud partner of the Carolinas HealthCare System, a world-leader in gerontological healthcare.

## **Individual and Group Activities**

We believe that people with dementia can still derive enjoyment from activities they have always enjoyed, which is why we'll tailor group or one-on-one activities to meet those personalized interests.



## Service you can trusts

Unlimited Possibilities is recognized by the Better Business Bureau for our professionalism and business ethics.